## CIVIL AIR PATROL CADET SUPER CHART

CAP Visual Aid 60-100 September 2021

Available in 2' x 3' poster via eServices, and for self-printing on two letter-size sheets. See a web-based version of this chart at GoCivilAirPatrol.com/Ranks

**NEW** for **2021** 

◆ Cadet Welcome Course added to Ach. 1
◆ Achievement 5 now unnamed ◆ Cadet Interactive is now available for

◆ Aerospace added to Ach. 8, making space here, see CAPR 60-1, ch. 5.

◆ Earhart aerospace exam deleted leadership Ach. 1-11 and aerospace Ach. 2-8 For full details on all requirements shown

for Aerospace Dimensions' cyber module PHASE III **GENERAL CAR** ACHIEVEMENT ACHIEVEMENT IRA EAKER ACHIEVEMENT AMELIA EARHART ACHIEVEMENT ACHIEVEMENT ACHIEVEMENT **AWARD START HERE AWARD AWARD AWARD** TRIAL PERIOD Prospective cadets must attend three meetings before the commander approves their membership application. Training begins right away using Cadet Great Start. The Cadet Welcome Course should be completed as MAJOR GENERAL GENERAL OF AIR FORCE COLONEL **ORVILLE & WILBUR** CAPTAIN EDDIE DR. ROBERT H. BRIGADIER GENERAI 1ST LT COLONEL DR. SALLY RIDE GENERAL **GENERAL** soon as practical after **ARMSTRONG** CARL A. SPAATZ HAP ARNOLD **MARY FEIK** WRIGHT **RICKENBACKER** JIMMY DOOLITTLE **GODDARD EARHART GEORGE BOYD** BILLY MITCHELL **WILLA BROWN** IRA C. EAKER joining. The New Cadet First National Commander Commanding general Pioneer in aeronautical The "Father of Modern Army Air Forces general First Chief of Staff of the Pioneer in the fields of First men to achieve America's "Ace of Aces" First man to set foot on America's first vocal adve "Maker of Pilots" and CAP Record-setting female Currently not named; Currentlv not named: Currently not named Currently not named; Tuskegee Airman, one of Astrophysicist and first Currently not named: Kit arrives at the cadet's of the Civil Air Patrol and of U.S. Army Air Forces and advocate of strategic powered, controlled. **United States Air Force** aviation mechanics and during World War I; he reserved for a future engineering and leader of Rocketry" and developer the Moon, aboard Apollo cate for military airpower reserved for a future volunteer, her flight school Reserved for a future pilot and writer whom was reserved for a future reserved for a future the first African-American US woman in space who reserved for a future home about two weeks a strong advocate for during World War II engineering, and proud sustained, heavier-thanwanted CAP cadets to the World War II air raid of the first liquid-fueled 11 on July 20, 1969 - "One he proved the airplane trained the first African-USAF officers, veteran of later became a champion bombardment during and first Chairman of the aerospace pioneer lost while attempting to aerospace pioneer aerospace pioneer aerospace pioneer aerospace pioneer aerospace pioneer female aviators CAP volunteer on Tokyo American military pilots CAP National Board air flight know him as "Eddie" giant leap for mankind" could sink ships fly around the world three wars, CAP volunteer of science literacy World War II GRADE, INSIGNIA, & AWARDS CADET AIRMAN CADET CADET CADET TECHNICAL **CADET CHIEF CADET SECOND CADET FIRST CADET** CADET CADET **CADET** CADET **CADET LIEUTENANT** CADET MASTER CADET SENIOR **CADET CHIEF CADET FIRST** CADET CADET **SERGEANT CAPTAIN CAPTAIN** CAPTAIN **MAJOR MAJOR MAJOR AIRMAN BASIC AIRMAN** FIRST CLASS SENIOR AIRMAN STAFF SERGEANT SERGEANT MASTER SERGEANT MASTER SERGEANT MASTER SERGEANT LIEUTENANT LIEUTENANT **LIEUTENANT** LIEUTENANT COLONEL COLONEL Eligible for scholarships, Cadet Office Eligible for the International Air Cadet Exchange; eligible for Academy; eligible for E-3 in the promotion to 1st Lt at age 21 2d Lt as a senior member at age No Ribbon Awarded PROMOTION ELIGIBILITY REQUIREMENTS Learn to Lead ch. 9-11 Learn to Lead ch. 3 Learn to Lead ch. 1-3 Learn to Lead ch. 4 Learn to Lead ch. 8 Learn to Lead ch. 4-8 Learn to Lead ch. 9 Learn to Lead ch. 10 Learn to Lead ch. 11 Learn to Lead ch. 13 Learn to Lead ch. 1-16 LEADERSHIP Learn to Lead ch. 1 Learn to Lead ch. 2 Learn to Lead ch. 5 Learn to Lead ch. 6 Learn to Lead ch. 7 Learn to Lead ch. 12 Learn to Lead ch. 14 Learn to Lead ch. 15 Learn to Lead ch. 16 Speech & Cadet Interactive Comprehensive Cadet Interactive Cadet Interactive Comprehensive Cadet Interactive Comprehensive Comprehensive or Open-Book Test Closed-Book Exam or Open-Book Test or Open-Book Test or Open-Book Test or Open-Book Test Closed-Book Exam or Open-Book Test or Open-Book Test Closed-Book Closed-Book Exam or Open-Book Test or Open-Book Test or Open-Book Test or Open-Book Test Written Exam SDA Service, Writing Drill & Ceremonies Comprehensive Drill & Ceremonies Drill & Ceremonies SDA Service, Writing SDA Service, Writing SDA Service, Writing & Presentation & Presentation & Presentation & Presentation Performance Test Performance Test Performance Test Performance Test Drill & Ceremonies Performance Test Performance Test Performance Test Performance Test & Presentation & Presentation Performance Test Speech & Essay **AEROSPACE** Aerospace Dimensions Aerospace: No Requirement No Requirement Aerospace: No Requirement Journey of Flight Aerospace: Any Module Any Module Any Module Any Module Any Module Modules 1-7 The Journey of Flight Any Module Any Module The Journey of Flight The Journey of Flight The Journey of Flight The Journey of Flight All 18 Chapters Cadet Interactive or Comprehensive 3-Chapter Block 3-Chapter Block 3-Chapter Block 3-Chapter Block 3-Chapter Block 3-Chapter Block Comprehensive Written Test Written Test Written Test Written Test Closed-Book Written Test Open-Book Test Open-Book Test Open-Book Test Open-Book Test Open-Book Test Open-Book Test Closed-Book Exam Written Exam **FITNESS** Participate in Participate in Participate in Participate in Participate in USAF Academy Attempt CPFT Participate in 1 Activity & Candidate Fitness 1 Activity & Have Attained HFZ Attempted CPFT in Have Attained HFZ Assessment in Previous 180 days n Previous 180 days in Previous 180 days Participate in No Requirement Participate in No Requirement CHARACTER Participate in Participate in No Requirement Participate in Participate in Participate in Participate in Participate in Participate in No Requirement Participate in Participate in Participate in Participate in Participate in Essay Exam 1 Activity Course NOTE: Begin training for **NOTE**: USAFA & PYFP test **Cadet Welcome Course** NOTE: Phase II Kit ships Graduate NOTE: Phase III & IV Kit Graduate from a paatz Fitness Test rotocols differ greatly o cadet within 3 weeks of hips to cadet within 3 Leadership Academy Cadet Interactive Encampment earning Wright Bros. Award eeks of earning Mitchell (anytime prior) (anytime prior) or class PRESIDENTIAL YOUTH FITNESS PROGRAM — HEALTHY FITNESS ZONE (HFZ) STANDARDS **RUN EITHER USAFA CANDIDATE** FITNESS ASSESSMENT SIT & REACH (avg. inches) PACER (20m laps) 1-MILE RUN **CURL-UPS** Fitness training and acclimation period **SIT-UPS** 81 78

No CPFT performance standards 11:30 11:10 10:40 9:46 9:22 9:04 8:42 42 47 **PUSH-UPS** 62 41 17 20 23 25 27 30 32 35 38 11:30 11:10 10:40 10:20 10:09 9:58 9:46 9:34 9:22 10 10 12 12 12 **MILE RUN** 6:29 7:30 **LEADERSHIP EXPECTATIONS** Squadrons provide a feedback meeting using the CAPF 60-90 series forms at least once per Phase Displays a positive attitude; optimistic; enthusiastic; is team-oriented Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority

**CORE VALUES** Aware of the Core Values; honest; wears uniform properly; practices customs Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader

and courtesies **COMMUNICATION** Listens actively; attentive; asks good questions Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)

Follows directions; dependable; arrives ready to learn and serve; effective in managing Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, **RESPONSIBILITY** 

Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"

Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others

Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain

Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents

espectively when disagreeing with superiors Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative

and not tied to old ideas

Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders

Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement

Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently

Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues

Completes large projects with little supervision; follows and sets a command intent; self-starter

Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure

Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems

Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge

**ELIGIBLE DUTY ASSIGNMENTS** partial list

**SKILLS** 

**SKILLS** 

CRITICAL

**THINKING** 

**DELEGATION** 

**SENSE OF** 

**INTERPERSONAL** 

CADET ELEMENT LEADER — - CADET FLIGHT SERGEANT -

CADET FIRST SERGEANT —

◆ - - - - - CADET FLIGHT COMMANDER

— CADET DEPUTY COMMANDER-- CADET COMMANDER

**MINIMUM TIME IN GRADE** excluding accelerated promotions for JROTC cadets + 8 weeks 3-week trial period **Upon Joining** + 8 weeks +8 weeks + 8 weeks + 8 weeks +8 weeks + 8 weeks Upon earning Eake Example: Dec '21 Jan '22 Mar '22 May '22 Sep '22 Nov '22 Mar '23 May '23 Nov '23 Mav '24 Sep '24 Nov '24 Mar '25 Jul '23 Sep '23 26 months to Earhart Cadet joins CAP 6 months to Wright Bros. 18 months to Mitchell 38 mos. to Spaatz 38 mos. to Eaker